



PSHE Curriculum Overview

Year 1	Autumn Term		Spring Term		Summer Term		
Scheme of Work	<u>Term 1.1</u>	<u>Term 1.2</u>	<u>Term 2.1</u>	<u>Term 2.2</u>	<u>Term 3.1</u>	<u>Term 3.2</u>	<u>Term 3.3</u>
	The caring school and Feelings, friends and friendships <i>5 lessons</i>	Focus on special people and Anti-bullying <i>6 lessons</i>	Healthy eating and hygiene <i>6 lessons</i>	Physical health and wellbeing <i>6 lessons</i>	Growing and changing <i>2 lessons</i>	Keeping myself safe <i>6 lessons</i>	The world of drugs <i>4 lessons</i>

Year 2	Autumn Term	Spring Term		Summer Term	
Scheme of Work	<u>Term 1</u>	<u>Term 2.1</u>	<u>Term 2.2</u>	<u>Term 3.1</u>	<u>Term 3.2</u>
	The caring school and Feelings and relationships <i>10 lessons</i>	Healthy lifestyles <i>6 lessons</i>	Growing and changing <i>4 lessons</i>	Keeping myself safe <i>5 lessons</i>	The world of drugs <i>6 lessons</i>



Year 3	Autumn Term		Spring Term		Summer Term	
Scheme of Work	<u>Term 1.1</u>	<u>Term 1.2</u>	<u>Term 2.1</u>	<u>Term 2.2</u>	<u>Term 3.1</u>	<u>Term 3.2</u>
	The caring school and Feelings, friends and friendships <i>6 lessons</i>	Relationships, loss and separation <i>6 lessons</i>	Choices, emotions and difference <i>6 lessons</i>	My healthy body – Taking responsibility for my healthy lifestyle <i>6 lessons</i>	Keeping myself safe <i>5 lessons</i>	The world of drugs <i>6 lessons</i>

Year 4	Autumn Term		Spring Term	Summer Term	
Scheme of Work	<u>Term 1.1</u>	<u>Term 1.2</u>	<u>Term 2.1 and Term 2.2</u>	<u>Term 3.1</u>	<u>Term 3.2</u>
	The caring school and Feelings, friends and friendships <i>6 lessons</i>	Respecting the difference between people <i>6 lessons</i>	My healthy body and Caring for my body <i>9 lessons</i>	Keeping myself safe <i>5 lessons</i>	The world of drugs <i>3 lessons</i>



Year 5	Autumn Term		Spring Term	Summer Term	
Scheme of Work	<u>Term 1.1</u> The caring school and Bullying, pressure and risks <i>6 lessons</i>	<u>Term 1.2</u> Me and my relationships <i>7 lessons</i>	<u>Term 2.1 and 2.2</u> Healthy lifestyles <i>7 lessons</i>	<u>Term 3.1</u> Growing up – Relationships and responsibilities of puberty <i>5 lesson</i>	<u>Term 3.2</u> The world of drugs <i>7 lessons</i>

Year 6	Autumn Term		Spring Term	Summer Term	
Scheme of Work	<u>Term 1.1</u> The caring school and Growing up - relationships <i>7 lessons</i>	<u>Term 1.2</u> Emotions and transition to Secondary School <i>5 lessons</i>	<u>Term 2.1 and 2.2</u> Growing up – responsibilities <i>6 lessons</i>	<u>Term 3.1</u> Rollercoaster: The ups and downs of puberty <i>6 lessons</i>	<u>Term 3.2</u> The world of drugs and keeping safe online <i>7 lessons</i>